

Suicide Prevention, Intervention, and Postvention One Day Overview

Why do people kill themselves? How do I ask someone if they are feeling suicidal? What do I do if they say they ARE suicidal? How do I deal with the strong emotions suicide generates? Are there special issues to pay attention to when someone is using drugs or alcohol?

This training will provide answers for these and other questions many of us have about suicide. It will focus on the special issues of dealing with persons abusing substances. It will provide you with basic information about suicide as well as help you develop practical skills for prevention, intervention and postvention. Small group role plays will allow you to apply the suggested techniques as you learn them.

This training is open to anyone who wishes to learn more about intervening across the suicide spectrum. Professionals from the fields of substance abuse and mental health may all benefit.

Course Objectives:

Participants who complete this course will be able:

1. to demonstrate a working knowledge of the dynamics of suicide
2. to identify and consider implications when issues of suicide risk emerge in the context of substance abuse treatment
3. to demonstrate appropriate engagement and intervention strategies with a suicidal person
4. to demonstrate an understanding of appropriate responses to others following a completed suicide

Continuing Education Credits for Social Work Licensing:

Kantu Consultants, LLC, provider number 1137, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Kantu Consultants, LLC maintains responsibility for the program.

Social Workers completing this course will receive 7 continuing education credits.

Course Outline:

Day 1: (8:30 a.m. - 4:30 p.m.)

- Scope of the suicide problem
- Motivations for suicide
- Attitudes about suicide
- Effective communication skills
- Intervention skills
- Small group role plays

Learning Materials:

The instructor will supply handouts of the PowerPoint presentation used in this course. Lecture and discussion will be the main learning activities along with the use extensive of small group activities.

Assignments:

Participants are encouraged to actively engage in dialogue with the instructors and other participants during interactive segments of the course.

Evaluation:

There will be an opportunity for the participants to complete an evaluation of the course and the instructor. Depending on the requirements of the hosting organization, there may be a short post-test of the material at the end of the seminar.

Problems with this Workshop: If you have any issues with the way in which this training was conducted or other problems, you may note that on your evaluation of the training, you may talk directly to instructor, or you may contact us through our webpage (www.Kantu.org) for resolution.